



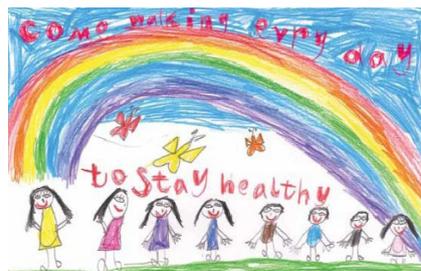
Please continue to help us to make the roads around our school safer **by leaving your car at home**. It is really beneficial for your children to **walk to school**. We ensure that our children get a lot of exercise at school but we need them to arrive at school ready to learn and we know that they do this better if they have some exercise first thing.



Now we have a great game to help us to **walk, cycle or scoot** to school. **Beat the Street** runs until 30th October. The children have been given fobs and maps and a letter for parents with a card for them to play too. More points mean more prizes (for you and the school) so ask your friends and relatives to get a card from the library and register their points for our school!

In 2017 we came 8th out of 84 teams with a total of 123,880 points! The average points scored was 176—that was a lot of walking.

Please help us to do better this year—walking to school is a very good habit to get into.





Hounslow Heath Infant & Nursery School
 Resolution



2019



We will walk, cycle or scoot to school every day.

Debra says "Children who do some form of exercise, especially a walk before school, do better in class because they arrive refreshed, fit and ready to learn."

- Walking to school also has health benefits for parents – exercise is good for you too!
- It gives you a chance to chat to your child and prepare them for their day at school.
- It saves you money – you spend less on petrol.

Debra says "Leave the car at home or if you live too far away to walk – park at the Heath and walk down Barrack Road."

Help us to get Transport for London Stars accreditation by making our roads safer.




Walk, cycle or scoot—it's really cool to walk to school!

Help keep Hounslow Tidy!

Every day the Street Cleaners pick up bags of all kinds of rubbish - **HOW DO YOU THINK THEY FEEL?**

If you go to McDonalds take the food containers home - don't leave them in the street for the rats.

Gum should **never** be dropped - if you *must* chew it please wrap it and put it in the bin. Please note that you can be fined £80+ for dropping litter and £100+ for dropping it from a car.



The more you drop, the more we eat
The more we eat, the more we breed
The more we breed, the closer we get
Stop feeding a rat - USE A BIN!



If you see dumped or fly tipped rubbish report it to the Council—do not just ignore it.



No Spitting

You may have seen in the newspaper that action is being taken against people who spit in public places.

Please remember that, in this country, spitting is regarded as socially unacceptable. It spreads germs and is viewed as a disgusting habit. It's "unhygienic, repulsive and unacceptable."

The London Borough of Hounslow is bringing in a ban on spitting in public places and will impose fines. Tuberculosis, cases of which are on the increase in the London Borough of Hounslow, is developing drug resistant strains. This is very worrying, particularly for the elderly and for young children. PLEASE DO **NOT** ALLOW YOUR CHILDREN TO SPIT—we take a very dim view of spitting at school.

RECYCLE WEEK 23-29 September 2019

Recycling. It's in our own HANDS! Use this week to kick start good recycling habits.

Your children learn to recycle at school. We recycle all food waste, paper, cans and cardboard. Please let your children help you to do this at home.

Plastic and metal cans



Card and paper



Glass bottles and jars



Textiles and clothing



Tied carrier bag



Small electrical items



Tied carrier bag

